

COME ONE, COME ALL!

October 4th is **WORLD OSTOMY DAY** this year

The annual Ostomy Canada Step Up for Ostomy is our major awareness and fundraiser event. Saskatchewan has been participating for many years. Whether you're new to the ostomy world or have been around for many years come out and celebrate. Come join us, family and friends welcome. We'll have an opportunity to spend time with each other and ask any questions that come to mind.

REGINA Step Up Annual Awareness & Fundraising Walk

Community of Christ Church Hall – Arthur & 8th Street

0930 – 1015 Registration – coffee and sign in

1015 – 1100 Awareness Walk in the neighbourhood

1100 – 1230 Meet & greet and light lunch

SASKATOON Step Up Annual Awareness & Fundraising Walk

Fieldhouse 2nd level - 2020 College Drive

0930 – 1015 Registration – coffee and sign in

1015 – 1100 Awareness Walk in the neighbourhood

1100 – 1230 Meet & greet and light lunch



 Ostomy Canada Society | Société Canadienne des Personnes Stomisées

**Empower Lives.
Break the Stigma.**
**With your support we can
help those with an ostomy
live life to the fullest.**

Save the date for

World Ostomy Day!

OCTOBER 4, 2025

stepupforostomy.ca

You can make a donation at any time online or by cheque to Ostomy Canada Inc.
<https://www.justgiving.com/team/ostomysaskatchewan>